



spa shíki

in The Lodge of Four Seasons

SPA TREATMENT

Body Massage Therapy

Spa Shiki Classic Swedish	50 min....\$115	80 min. \$155
Add on Himalayan Stone for neck, back & shoulders (no extra time needed).....		\$20
Neck, Back & Shoulder	25 min. \$65	
Reflexology	25 min....\$65	50 min. \$115
Neck & Shoulder with Reflexology		50 min. \$115
Anti Stress Back Treatment	25 min. \$70	
Aromatherapy Connective Tissue	50 min. \$125	
Aromatherapy Connective Tissue (with foot reflexology)	80 min. \$165	
Energizing Massage with Skin Brushing	80 min. \$155	
Supracor Exfoliation	75 min. \$155	
Golfer's Delight	50 min...\$120	80 min. \$160
Deep Tissue	50 min...\$135.....	80 min. \$185
Himalayan Salt Stone	50 min...\$135	80 min. \$175
Cupping Massage (neck, back, & shoulder)	25 min....\$75	50 min. \$135
Duet (Swedish Massage style)	50 min...\$245	80 min. \$295
Mom-to-Be		50 min. \$115

Facials

Hungarian Mud Facial	25 min....\$80	50 min. \$115
Hydrating Facial		25 min. \$75
Anti-Gravity Facial	50 min...\$165	80 min. \$210
Age-Defying Peel	25 min....\$85	50 min. \$125
Acne Facial with blue LED light therapy		50 min. \$120
Spa Shiki's Signature Organic Facial W/LED light therapy		75 min. \$195
Deep Cleansing Facial		50 min. \$105
Unstress Facial		50 min. \$150
Unstress Facial with lymphatic drainage		80 min. \$195
Microdermabrasion	25 min. \$105.....	50 min. \$135
Gentleman's Facial		50 min. \$105
Organic Green Tea Facial		50 min. \$115
Organic Vitamin C Facial		50 min. \$125
Oxygen Infusion Facial	25 min....\$85	50 min. \$130
Seaweed Rejuvenation Facial	50 min...\$130	80 min. \$145
Microneedle Therapy		50 min. \$145
Dermaplaning	25 min....\$85	50 min. \$130

Body Treatments

Himalayan Salt Exfoliation & Detox Wrap		50 min. \$140
Organic Seaweed Wrap		75 min. \$165
Supracor Exfoliation & Slimming Treatment		50 min. \$140
Cellulite Reduction Treatment		75 min. \$195
Organic Green Tea Wrap		75 min. \$165

Private Spa Suite

Spa Shiki Package for Two: Himalayan Salt Foot soak, Signature Swedish Massage, Choice of a Spa Entree or dessert served with a glass of wine each 2 hours. \$315

Japanese Ritual for Two: Himalayan Salt Foot soak, Signature Swedish Massage, Revitalizing Facial, choice of a Spa Entree or dessert served with a glass of wine each 3 hours. \$495

HAIKU SALON SERVICES

Hair Services

Shampoo/Curl/Straight Iron	from	\$50
Ladies Cut/Style		\$45
Men's Cut		\$25
Children's Cut (10 and under).....	from	\$25
Bio Complex Restoring Treatment		\$45
Single Process Color	from	\$65
Partial Highlights	from	\$65
Highlights	from	\$90
Highlights and Lowlights	from	\$115
Up-Do	from	\$55
Bridal Up-Do	50 min. from	\$75
Bridal Consultation	25 min.	\$45

Manicures & Pedicures

Basic Manicure	25 min.	\$35
Spa Shiki Manicure	45 min.	\$50
Deluxe Manicure	50 min.	\$60
Wellness Manicure	45 min.	\$45
Basic Pedicure	50 min.	\$50
Spa Shiki Pedicure	50 min.	\$60
Wellness Pedicure	50 min.	\$65
Sports Pedicure	50 min.	\$65
Deluxe Pedicure	80 min.	\$85
Antioxidant Paraffin Wax	hands or feet \$25	both \$45

Waxing, Makeup, Airbrush Tan

Brow Shaping, Lip or Chin Wax		\$20
Bikini Wax		\$45
Makeup Application	20 min. from	\$45
Makeup Lesson with Application	50 min. from	\$80
Eyelash (faux) Application		\$25
Bridal Makeup	50 min. from	\$85
Bridal Consultation	25 min.	\$45
Airbrush Tan		\$45

Spa Packages

Sampler

25 minute Hydrating Facial and 25 minute Neck, Back & Shoulder Massage.....	\$125
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Four Seasons

Deep Cleansing Facial, Swedish Massage, Basic Manicure and Pedicure.....	\$250
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Wellness Package

Himalayan Salt Stone Massage, Organic Vitamin C Facial, Organic Green Tea Body Wrap, Wellness Pedicure, Protein Smoothie	\$425
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Just for Him

Gentleman's Facial, Sports Pedicure, Swedish Massage	\$235
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GENERAL INFORMATION

Service Charge

For your convenience, an 18% service charge will be added to all spa services.

What is the cancellation policy?

Cancellations or changes require 24-hour advance notice. Cancellations or changes within six hours of the scheduled treatment and "no shows" will be charged full value. Same-day appointments are non-cancelable and charged at full value.

What if I am late for my appointment?

If you are late, we will try to accommodate you but cannot promise your full service time. The full value of your treatment will be applied.

Should I make a reservation?

Reservations are recommended and are subject to availability. Requests for a male or female therapist can be made but are not guaranteed.

What do I do when I arrive?

Please arrive at least 30 minutes prior to your appointment for any services. This will allow you time to check in, receive your locker and prepare for your service. You will be welcomed by a receptionist. If you are receiving spa services, you will be led to the women's or men's locker room where you will change into a robe and slippers. Your spa therapist will then meet you in the spa's welcoming area.

Spa Reservations

Please call 573.365.8108 for appointments. Hotel guests dial 8108.

Day Pass Guests

Resort guests not receiving a treatment may enjoy full access to our spa facilities for a charge of \$25 per day per guest. Local guests may enjoy full access to our spa facilities for a charge of \$35 per day per guest. Guest receiving salon treatments can pay an additional \$20 to use the facilities. Subject to availability.

Minor's Policy

The spa is an adult environment where our guests are 16 years of age or older. We welcome our younger guests to utilize our salon services. Must be 18 or older to receive massage therapy treatments.

Amenities

- Salt purified co-ed whirlpool.
- Eucalyptus infused steam rooms in ladies' and men's locker rooms.
- Far Infrared Himalayan salt saunas in ladies' and men's locker rooms.
- Meditation/resting area with fireplace.
- Café for lunch, smoothies, fresh juices, organic wine and other beverages.
- Fitness room, Movement studio and Indoor/Outdoor Pool.

Hours of Operation:

Monday – Thursday	8:00 a.m. – 6:00 p.m.
Friday & Saturday	8:00 a.m. – 7:00 p.m.
Sunday	8:00 a.m. – 5:00 p.m.

Winter hours may change slightly.

For a complete list of treatment descriptions and frequently asked questions visit www.spashiki.com